Limb Posturing & Casting Considerations For **ORTHOPEDIC DYSFUNCTION**



Your orthotist will be responsible for the casting and fitting of the Ultraflex orthosis. The recommended limb positions for casting below will help your patient attain the highest therapeutic benefit by ensuring an optimal orthotic fit.

Typical limb postures for orthopedic indications

Elbow

Elbow should be in midrange with wrist neutral in all planes.



Wrist should be in intrinsic plus position.





KneeKnee should be in midrange.



AnkleAnkle should be plantarflexed with subtalar neutral.







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