



SPORTS BRACING GUIDE

Active Ankle Trainer 2

The TII is a sleek brace that offers maximum performance and protection. The TII features feather-light EVA padding that hugs every contour of the ankle and a durable, quick fitting single strap system that is adjustable for both high and low-top shoes.

- Also provides medial/lateral support and compression to the ankle joint
- Features rigid parts of the brace and a 90 day warranty on straps and pads

Indications:

- 1st or 2nd degree ankle sprains, chronic or recurrent problems as well as instabilities in the ankle
- Ideal for ankle protection while playing basketball, football, or volleyball

#74B

Size	Men's	Women's
S	5 - 8.5	6.5 - 9.5
M	9 - 12	10 - 13
L	12.5 - 16	13.5 - 16



Active Ankle Eclipse 2

#77-2

This brace features custom moulded EVA padding with integrated ventilation channels that help it conform to the shape of the ankle, while preventing overheating. The open heel helps improve the fit and prevents pinching or discomfort often associated with closed heel braces. The bi-lateral hinge allows for unencumbered forward, back and vertical movement.

Size	Men's	Women's
S	5 - 7	6 - 9
M	7.5 - 9.5	9.5 - 12.5
L	10 - 12	13 - 16
XL	12.5 +	16.5 +

Tennis Elbow Strap

Coolcell #3162

Neoprene #62

Tennis elbow strap with adjustable velcro closure to apply local pressure to the muscles of the forearm. Includes a freezable, freely adjustable molded silicone pad for cold therapy.

Coolcel is Ortho Active's breathable, latex-free Neoprene alternative that provides the ultimate in comfort and function. Constructed of a unique nylon/open cell foam combination, Coolcel is designed to give compression and support while allowing increased breathability and wicking action. Ideal for sport use or patients susceptible to skin irritation from heat rash.

Indications:

- Tennis Elbow (Medial Epicondylitis)
- Golfer's Elbow (Lateral Epicondylitis)

SIZING: Measure around largest part of forearm

Size	Forearm Circumference	Size	Forearm Circumference
XS	8" - 9"	L	11" - 12"
S	9" - 10"	XL	12" - 13"
M	10" - 11"	XXL	13" - 14"



Pelvic Compression Shorts

#46

Ortho Active's Pelvic Compression Shorts are considered by many athletic trainers to be the gold standard in the industry. Worn by professional athletes from the NHL to NFL, this dynamic compression system is designed to specifically address inflammation to the Sacro-Iliac and Pubic Symphysis joints. The system provides pelvic joint immobilization and heat retention to the affected area with minimum impairment to athletic performance. Neoprene and non elastic materials are kept to a minimum of the surface area on the shorts to eliminate unnecessary restrictions in range of motion and reduce contact dermatitis. As a result, pain reduction is maximized with minimal restrictions to athletic performance.



Indications:

- Sacro Iliac pain
- Groin Pull Injuries
- Ostetis Pubis

Men's

Size	Waist	Hip
S	28" - 30"	35" - 37"
M	32" - 34"	39" - 41"
L	36" - 38"	43" - 45"
XL	40" - 42"	47" - 49"

Women's

Size	Waist	Hip
XS	22" - 23.5"	32.25" - 34"
S	24.75" - 26"	35.5" - 37"
M	27.5" - 29"	38.5" - 40"
L	31" - 33"	41.75" - 43.25"
XL	35" - 37"	45" - 47"

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Bort Active Colour

Features:

- Compression Joint Supports
- Compression Class II: 20-30mmHg Joint Supports
- Breathable elastic fabric

Ankle #1450



Size	Ankle Circ.
S	Up to 21 cm
M	21 - 23 cm
L	23 - 25 cm
XL	25 - 27 cm

Elbow #1420



Size	Forearm Circ.
S	Up to 26 cm
M	26 - 28 cm
L	28 - 30 cm
XL	30 - 34 cm

Knee #1440



Size	Knee Circ.
S	Up to 32 cm
M	32 - 37 cm
L	37 - 42 cm
XL	42 - 47 cm

Active Hinged Knee Wrap

#3132AWS



Size	Knee Circ.
S	Up to 32 cm
M	32 - 37 cm
L	37 - 42 cm
XL	42 - 47 cm

Features:

- Aluminum polycentric hinges with hyperextension stops that mimic anatomical knee motion
- Coolcel material is latex-free, lightweight, and breathable
- Adjustable patella butress corrects patella subluxation in the desired direction

Swede-O Strap Lok

#5173B



The Strap Lok's combination of lacing and straps provide exceptional support and comfort.

- Lightweight, non-stretch nylon Ankle Lok straps wrap in a figure eight configuration, effectively locking the ankle in a protected position
- The "Total Capture Strap" at the top of the brace holds the Ankle Lok straps in place and minimizes lace movement and loosening

Shoe Size

Size	Men's	Women's
XS	3 - 5	4 - 6
S	6 - 7	7 - 9
M	8 - 10	10 - 11
L	11 - 12	12 - 14
XL	13 - 14	-

Formthotics: Heat Moldable Sport Orthotics

#311



Formthotics is a foot orthotic system made of a closed cell, non-absorbing, hypo-allergenic, quick-drying polyethylene foam. Formthotics are heat moulded to the foot for a truly customised fit, and better support and control. Formthotics are also shaped to suit your patients' activity requirements.

Dual Density: comes with a firm base and a softer top layer. Support and comfort are virtually guaranteed and these are the most popular Formthotics. Ideal for general use and active athletes.

Shoe Size

Size	Men's	Women's
Child	4	5
XS	5	6
S	6 - 7	7 - 8
M	8 - 9	9 - 10
L	10 - 12	11 - 12
XL	13 - 15	-

